



FPC High School
**Idaho-Sawtooth
Adventure Trip**
July 21st – July 28th, 2018



Why Adventure Trips?

An outdoor adventure trip provides a unique opportunity for students and leaders to put aside the distractions of a "normal" week and experience a new place with new activities and new friends. The Outdoor Adventures staff and FPC leaders work hard to ensure that the focus of each adventure is on seeing, hearing, and knowing the will of Christ. We believe Christ reveals himself powerfully through the "words" of Scripture and the "works" of the world. From our own experiences, we have seen God uses the wilderness uniquely to reveal his power, creativity, and love. We spend time exploring, worshipping, enjoying our surroundings, and strengthening our relationships.

Matthew 17: 1-2 "And after six days Jesus took with him Peter and James, and John his brother, and led them up a high mountain by themselves. And he was transfigured before them, and his face shone like the sun, and his clothes became white as light."

Why are we going to Idaho?

The Sawtooth area offers a wide range of outdoor activities, such as fly-fishing, hiking, white water rafting. We will be camping in a Meadow at the base of the Sawtooth Mountains with hot springs, the Payette River, and hiking trails within walking distance.

The adventure company hosting our group, Outdoor Adventures, is a phenomenal team of people who have become friends and ministry partners with us over the past few years. We have experienced their mission statement in action: "We exist to provide trainings, environments, experiences, and resources which lead people, especially youth, in growing closer to God through the ministry of Christian wilderness adventures."

Where will we be staying?

*Sawtooth Lodge, located at 636 Grandjean Road, Lowman, ID 83637.
Ph: 208-259-3331*

We will be camping in a group camp area, and will have access to an outdoor pool, hot springs, showers, and restrooms. There is a lodge nearby with a full service restaurant.

How will we stay safe?

- For over 25 years the core staff of the Outdoor Adventures team has guided adventurers on wild, exciting, and scenic trips to destinations around the world. Their guides are certified American Canoe Association (ACA) open ocean, adaptive, flat water, & whitewater kayak instructors, Wilderness Kayak institute sea kayak guides, Orion Expedition and Wave Trek river raft guides, Reachout Expedition rock climbing technicians & high/low ropes course leaders, seasoned mountain bike guides, first aid & CPR trainers, rescue 3 swift water rescue technicians, avid backcountry leaders, marine biologists, history buffs and naturalists.
- The food is handled and prepared by Outdoor Adventures and it is always phenomenal.
- Every outdoor activity is done in a large group, with several guides.

What is the weather typically like?

Averages for Boise area:

Highs: low 90's,

Lows: low 60's

The month of July ranks first in the least amount of rainfall with an average of about .4 inches. We're not expecting rain but there's always a chance.

What leaders will be on the trip?

1. Ryan Born, HS Boys Director
2. Hannah Johnson, HS Girls Director
3. Joe Flinn, HS Boys Intern
4. Ryan Glasscock, HS Boys Intern
5. Jenny Lillard, HS Girls Intern
6. Shannon Lewis, HS Girls Intern
7. Kate Born, HS Girls Volunteer
8. Morgan Bates, Youth Coordinator

How many students will be on the trip?

We expect to have 40 student spots.

Packing List

Clothing

- Wicking long underwear tops and bottoms (not cotton, you must have this for camp)
- 2-4 Non-cotton long-sleeved synthetic shirts
- 2-4 Non-cotton short-sleeved shirts
- Wind-block fleece jacket or vest
- Fleece or wool pants for camp
- Quick-drying shorts
- Swimsuit(s) and towel (thin ones dry quicker)
- Sun hat with brim
- Bandana
- Wool or fleece hat and gloves
- Waterproof rain jacket and pants
- Waterproof Hat (optional)
- 4 Pair of heavy or mid-weight wool or *non-cotton* socks (for hiking and camp)
- Hiking boots or equivalent shoes that are sturdy
- Wading shoes (old tennis shoes) or water sports sandals THAT STRAP ON (ex: Chacos)
- A few changes of clothing for two days off spent in Boise shopping and playing

Clothing Note

Hint One: Layers are the way to go. Bring clothes that are easy to layer.

Hint Two: When we are paddling we don't wear ANY cotton; it will keep you cold, once wet.

Hint Three: Bring capilene, polypropylene, fleece, and wool clothing for activities, if possible.

Personal Gear (REQUIRED)

- Good daypack for hiking (comfortable to wear, sturdy, okay to get dirty, working zippers)
- Sleeping bag in stuff sack (NOT cotton; best if it packs small and is rated at 32 deg. or below)
- 1-2 water bottles
- Toiletries (toothbrush, toothpaste, deodorant...)
- Bible
- Chap-stick with 30 spf
- Sunscreen, bug repellent, etc.
- Sunglasses with floating strap (contact wearers, don't forget your cleaner and glasses)
- Head lamp or flashlight
- Laundry bag (can be a garbage bag)
- Identification (copy of insurance card, photo ID...)
- Notebook and pen
- Spending money

Optional Gear

- Camera (waterproof)
- Bug net (optional, but recommended - especially if you'd like to sleep outside)
- Frisbee, book, cards, hacky sack, binoculars, musical instrument, etc



Trip Itinerary

July 21st (Saturday)

- FPC arrives in Boise
- Travel to Sawtooth Campground
- Dinner with Outdoor Adventures

July 22nd - July 26th

5 days of group activities with Outdoor Adventures including:

- Rafting
- Fly Fishing
- Hiking
- Swimming (river and hot springs!)
- Group initiatives
- Exploring (ghost towns!)

July 27th (Friday)

- Breakfast with Outdoor Adventures
- Travel to Boise to stay at First Presbyterian Church Boise (950 W State St. Boise, Idaho 83702)
- Dinner in Boise

July 28th (Saturday)

- Fly Home to Houston

Boise Flight Information:

Departure Date: 7/21/2018

****Please arrive at Hobby Airport at 8:00 AM!!!**

Airport: Hobby

Flight Info: Southwest #5371
Departure from Houston: 10:00 AM
Arrival in Dallas: 11:00 AM
connecting to...
Flight Info: Southwest #5384
Departure from Dallas: 12:00 PM
Arrival in Boise: 2:10 PM

Return Date: 7/28/2018

Flight Info: Southwest #4838
Departure from Boise: 2:00 PM
Arrival in Denver: 3:45 PM
Departure from Denver: 6:25 PM
Arrival in Houston: 9:45 PM



Idaho Trip prayer requests

*For the unity of our group, both leaders & students. For the ability to tirelessly minister to the different needs of different kids.

*For the overall safety of our trip.

*For God's presence to go with us.

*For the physically challenging aspect of this trip to be appropriate for each student.

*For our students to be open to what God wants to do in their lives and hearts.

*For God to give our leadership team wisdom.

*That God would raise up the funds for our students to go. Pray for all the families of our students' financial situations, that this trip would not be a financial burden to any family.

*That every student going on this trip would feel loved by our leaders, the Outdoor Adventure leaders and the other students.

*That God would use this trip to draw students to Himself. That He would inspire the kids who are not extremely involved in our ministry to get more involved, all for the glory of God. Jesus would be enjoyed, delighted in, and exalted by everyone involved.

Thank you

*The Youth Ministry at First Pres. would get nothing done if it weren't for all of the supportive parents like you!

Please pray with us as Paul did over the Ephesians!

¹⁵For this reason, because I have heard of your faith in the Lord Jesus and your love toward all the saints, ¹⁶I do not cease to give thanks for you, remembering you in my prayers, ¹⁷that the God of our Lord Jesus Christ, the Father of glory, may give you a spirit of wisdom and of revelation in the knowledge of him, ¹⁸having the eyes of your hearts enlightened, that you may know what is the hope to which he has called you, what are the riches of his glorious inheritance in the saints, ¹⁹and what is the immeasurable greatness of his power toward us who believe, according to the working of his great might ²⁰that he worked in Christ when he raised him from the dead and seated him at his right hand in the heavenly places, ²¹far above all rule and authority and power and dominion, and above every name that is named, not only in this age but also in the one to come

