

# FPC Middle School

## Mission Trip

Vero Beach, Florida

*July 23-July 31*



## **Middle School Mission Trip 2018**

### **Vero Beach, Florida**

#### **Trip Leaders:**

Cheryl Tucker- Youth Director

Jenny Terry- Middle School Associate Director

Ben Barnes- Middle School Associate Director

Kyle Campbell- Middle School Intern

Michael Cotter- Middle School Intern

Emily Calkins- Middle School Intern

Meredith O'Neal- Middle School Intern

Leo Espinoza- Middle School Volunteer, Parent of Youth

Becca Herbold- Middle School Volunteer, Parent of Youth

2 Other Adult Volunteers

#### **Contact Information/ Emergency Numbers:**

Cheryl Tucker-713-443-5773

Jenny Terry-713-297-1584

Ben Barnes-713-504-6763

Epic Missions- 855-777-3742

Address: 6025 12<sup>th</sup> Street, Vero Beach, Florida 32966

St. Lukes Methodist Church- 407-876-4991

4851 S. Apopka Vineland Road, Orlando, Fl 32819

#### **Daily Trip Updates:**

- Email Updates will be sent out daily by Cheryl Tucker (ctucker@fpchouston.org)
- To see pictures uploaded daily follow @fpcmiddleschool on Instagram
- We will also post more updates and pictures via the FPC Middle School Parents Groupme. Download the apps: Instagram and Groupme to get more FPC Middle School information.

## Vero Beach Mission Trip Packing List

<b>Clothing</b>	<b>Supplies- Equipment</b>
4-5 days of Work Clothes <ul style="list-style-type: none"> <li>• Girls- longer shorts, no tank tops</li> <li>• One pair long pants recommended</li> </ul>	Flashlight or headlamp
Clothes for after work and days off <ul style="list-style-type: none"> <li>• Shorts and t shirts (girls- Nike's ok)</li> </ul>	Bedding <ul style="list-style-type: none"> <li>• Sleeping bag/ sheets and blanket</li> <li>• Sleeping pad or air mattress (optional)</li> <li>• We will be sleeping on Twin Sized Bunks, then on the floor of a church in Orlando for one night</li> </ul>
Light Jacket, sweatshirt, or long sleeve shirt	Backpack
Pajamas/ sleep clothes (modest)	
Underwear	<b>Extra Money</b>
Socks	\$150 for not provided meals/snacks <i>in \$10 bills in an envelope</i>
Rain Jacket	
Flip Flops for Shower	<b>Devotional Materials</b>
1 pair of sturdy work shoes <ul style="list-style-type: none"> <li>• Boots or tennis shoes</li> </ul>	Bible
Swim Suits (2) <ul style="list-style-type: none"> <li>• Girls- one piece</li> </ul>	Notebook/ notepad and pen
Hat and/or Sunglasses	
<b>Health and Hygiene</b>	<b>DO NOT BRING</b>
Toiletries <ul style="list-style-type: none"> <li>• Soap and Shampoo</li> <li>• Toothbrush</li> <li>• Deodorant</li> <li>• Comb or brush</li> </ul>	Cell Phones <ul style="list-style-type: none"> <li>• If cell phone is your iPod or Bible then make other arrangements</li> </ul> Parents- please take phones from your student before drop off
Towels (2) and washcloth	No fire-lighters/fireworks
Hand Sanitizer	No illegal products or products you are too young to use
Water Bottle with name on it	
Sunscreen (For Our Sunscreen Bucket)	

## Vero Beach Mission Trip Travel Information

### **Preliminary/ Tentative Itinerary:**

Monday, July 23: Travel Day, Meet at Church at 7:00 PM (Eat Dinner Before)  
Tuesday, July 24: Travel Day, Arrive at Epic  
Wednesday, July 25: Work Day Evening Activity  
Thursday, July 26: Work Day/ Evening Program  
Friday, July 27: Work Day/ Evening Program  
Saturday, July 28: Work Day/ Evening Program  
Sunday, July 29: Paradise Cove, Arrive in Orlando  
Monday, July 30: Harry Potter World/ Head back Home  
Tuesday, July 31: Arrive Home, Pickup at 10 AM

### **Tentative Daily Schedule:**

7:15 am	Breakfast
7:45 am	Morning Devotions/ Quiet Times
8:30 am	Teams Leave for Work Sites
12:00 pm	Lunch with Team at Work Site
4:00 pm	Finish Work for the Day
4:30 pm	Free Time
6:00 pm	Dinner
7:30 pm	Evening Program
11:00 pm	Bed

## **Trip Overview**

### **Vero Beach, Florida**

Vero Beach is located in the Southeastern part of Florida. It is a beach town known for its art, and also for its recreational opportunities.

### **Lodging**

We will be staying at Epic Missions Incorporated's Complex in Vero Beach. Epic Missions owns 16 acres of property, just a few blocks away from the beach, complete with air conditioned facilities, soccer fields, basketball courts, as well as an outdoor pavilion where we will have program every night. Our kids will be staying in air-conditioned bunkrooms, in pillow-topped twin bunk beds, with showers in each of the bunkrooms. Epic Missions will not provide bedding, so your son or daughter will need to pack those. We will stay there for 5 nights. We will also stay at a church in Orlando where we will be sleeping on the ground, so we will need to bring a sleeping pad/ mat or air mattress.

### **Worksites**

The students will be separated into 4 work groups. Each group will comprise of about 10-15 students and 2-3 leaders. Each group will go to a different work site each day so as to give every group the opportunity to see everything. Our students will work at soup kitchens and food banks, help to lead Vacation Bible School with a local church, serve at Habitat for Humanity, work at Shining Light Garden (a garden that helps to serve the needy), as well as other community projects.

### **Safety and Emergency**

We don't believe there are any safety issues other than the normal issues you would find on any trip. The projects Epic Missions have set us up with have all been approved by the organization and we will have multiple adult leaders at each site. The facilities we are staying in are located on Epic Missions property and we will be the only group staying on this site.

### **Food**

Each Meal will be provided by Epic Missions. Lunch we will eat on site (typically sandwiches, adjustments can be made for people with dietary restrictions). There will be plenty of water at work sites and the host church. Students should bring a water bottle to carry with them at all times.

### **Weather**

Vero Beach's average temperatures range in the 80's and 90's in the months of June and July.

## FPC Middle School Mission Trip

### Vero Beach, Florida

## Student Covenant

I \_\_\_\_\_ (Students Name) have read the following covenant and agree to the code of conduct listed within its terms.

- I understand that I am a part of a group that is representing the name of Jesus; as such I will do my best to uphold the name of Jesus by conducting myself with good character.
- I will respect my leaders and fellow students at all times. I will do my best to be accepting and encouraging to everyone in the group.
- I understand that I will speak words of encouragement to my peers. I will speak appropriately and in a way that points others to Christ.
- I will not bring my phone/ iPod/ iPad or any device that can connect to internet.
- I will not bring any illegal substance (alcohol, vape, drugs, etc.) and if I do I understand this will be confiscated and thrown away and I will be sent home at my parents expense.
- I will not bring anything I should not bring on a church trip.
- I understand that I have signed up for an Mission Trip and that the purpose of this trip is to grow in a relationship with Jesus Christ while in God's creation.

Please sign in the space below indicating that you have read the above covenant and agree with its terms.

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Student Signature and Printed Name

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Parent Signature

## Prayer Requests for the MS Mission Trip

- 1) For students “to know the love that surpasses knowledge—that they may be filled to the measure of all the fullness of God.” Ephesians 3:19
- 2) For every student to feel loved and welcomed, and to walk away with lasting, meaningful friendships.
- 3) For students to escape the distractions at home so that they may be fully present and able to listen to God.
- 4) For good health for all and the overall safety of our trip.
- 5) For God to give the leaders wisdom and extra energy during the course of the trip.