

Basic Training in the Bible

Andrew Stepp | Psalms

What is a Psalm?

- The title is derived from the Greek translation, ψαλμοί, *psalmoi*, meaning "instrumental music" and, by extension, "the words accompanying the music."
- Compiled after the Exile for the 2nd temple. (Ezra, Nehemiah)
- They are Hebrew poetry, specifically musical poems.

Caution! → *How do these words spoken to _____ function as a word from _____ to us?"*

How is the Book of Psalms organized?

By the Five Formal Books:

- Book One: Psalm 1-21 (All but 1, 2, and 33 are titled "of David")
- Book Two: Psalm 42-72
- Book Three: 73-89
- Book Four: 90-106
- Book Five: 107-150
- Each concludes with a similar doxology: 41:13, 72:18-19; 89:52; 106:48; and all of 150

Who wrote them?

David – 73, Asaph- 12, Sons of Korah – 11, Solomon – 2, Moses -1, Heman the Ezrahite – 1, Ethan the Ezrahite – 1, and Anonymous – 50.

What types are there?

Lament

Thanksgiving

Hymns of Praise

Salvation History

Celebration and Affirmation

Wisdom

Trust

This Week's Readings:

Psalms = 150 chapters
...but we have two weeks!
15 Ch./Day

Two More Options:

Read 2 from each genre:

Lament: 22, 80
Thanksgiving: 124, 40
Praise: 19, 147
Salvation History: 105, 106
Celebration and Affirmation: 18,144
Wisdom: 49, 73
Trust: 16, 91

Read the ones we wrote on the whiteboard