

CALLED & ABLE

DISCUSSION QUESTIONS

SESSION 2

1. Today's talk focused on the value of life-on-life relationships. Reflect on your journey of discipleship thus far. Who has shaped you as you follow Jesus? Were they intentionally investing in you, or was their discipleship of you more incidental?

2. Jim listed four reasons why smaller “microexpressions” of discipleship are more effective at helping us become more like Christ than larger programs: accountability, modeling, vulnerability, and mutuality. Which of these stand out to you personally as potentially being the most helpful to you at this moment in your walk with Jesus?

- **Accountability.** Most of us have blind spots that we need help to see.
- **Modeling.** When you see someone else do it, you believe that it's possible.
- **Vulnerability.** A safe place to be honest. Not just about the ideal, but the real.
- **Mutuality.** Everyone is open to being shaped by one another.

At FPC, we call these “microexpressions of discipleship” Discipleship Groups: D-Groups, for short. In D-Groups, 3-4 men or 3-4 women commit to meet regularly to help point one another to Christ. Email Equipping & Sending Coordinator, Sara Buskirk, at sbuskirk@fpchouston.org for more information on D-Groups, and how to start one or get plugged into one.

3. Which of these four reasons above (accountability, modeling, vulnerability, and mutuality) do you think you could most naturally offer to a couple friends if you were in a D-Group together? Which of these would be the most challenging for you to offer others right now? Why?

