

## Discussion Questions For LentEN D-Groups

### Week 1: Lectio Divina

*\*These questions can be used whether your group is practicing and debriefing during your Zoom call or only debriefing your individual prayer times. The goal is to have group members share their experiences; these questions are not a checklist that you have to tick, but are provided simply as optional conversation-starters.*

1. Share about your experience with *Lectio Divina* this week:
  - a. Have you practiced *Lectio Divina* before, or was this your first time?
  - b. Was it hard to create the space to practice?
  - c. Was the practice itself easier or more difficult than you thought it would be?
  - d. Could you see yourself incorporating *Lectio Divina* into your life going forward?  
Why or why not?
2. What were some of the words or phrases that stood out to you?
3. Did the Spirit lead you to respond in a specific way?
4. Share anything else that you would like about your prayer time with the group.