

Discussion Questions For LentEN D-Groups

Week 6: Imaginative Prayer

**These questions can be used whether you are in a D-Group over the course of Lent or praying on your own. The goal of these questions in relation to our D-Groups is to have group members share their experiences; these questions are not a checklist that you have to tick, but are provided simply as optional conversation-starters.*

1. Share about your experience with *Imaginative Prayer*:
 - a. Have you ever engaged with the practice of *Imaginative Prayer* before, or was this your first time?
 - b. Was the practice itself easier or more difficult than you thought it would be?
 - c. Could you see yourself incorporating *Imaginative Prayer* into your life going forward? Why or why not?
2. Share about your experience “living” in the story:
 - a. What did you see, smell, hear, taste, feel?
 - b. Were you surprised by what you witnessed?
 - c. Who did you become in the story?
3. If comfortable, share your experience seeing Jesus:
 - a. What did He look like?
 - b. Did you talk to Him?
 - c. Did He notice you?
 - d. Did He speak to you?
4. Share anything else that you would like about your prayer time with the group.

As we conclude our Lenten Prayer Series, share with the group which prayer practice (Lectio Divina, Breath Prayer, Prayer Walking, Practicing the Presence, Examen, and Imaginative Prayer) you most enjoyed. Which was the hardest? Do you think you will continue one or many of these going forward? What have you learned about contemplative prayer through this Lenten journey?