



SESSION 1 | JANUARY 9, 2022

**READ** MARK 1:1-13.

**WATCH** SESSION 1: MARK 1:1-13 (*six minutes long*)

As you watch the [RightNow Media video](#), pay special attention to (1) the ways the good news that John the Baptist preached is different from the usual way we use the phrase “good news” and (2) the sort of attitude we should have towards Jesus.

**READ** MARK 1:1-8.

- John understood exactly who Jesus was. He went so far as to tell the people he was not worthy to untie his sandals (1:7). **Why do you think John felt unworthy to untie Jesus’s sandals? What does that say about John?**
- Describe your attitude toward your sin. **Does it evoke as strong a reaction as John’s? Why or why not?**
- Think about your own life. **In what ways has Jesus become too familiar? Do you find yourself taking Him for granted? How?**

**READ** MARK 1:9-11.

- In these three sentences, Mark mentions the three persons of the Trinity in action together. **What is each one doing? How are they working in unison?**
- Reading this opening passage, **what do you expect from Jesus? What kinds of things do you anticipate from Him as Mark’s Gospel goes forward?**

**READ** MARK 1:12-13.

- After being baptized, Jesus departed from John. The text says that “the Spirit immediately drove Him out into the wilderness.” So He went, and there He experienced forty days of hunger and temptation. Mark doesn’t give a lot of details. **What do you think Mark wanted to communicate with this short summary of Jesus’s experience in the wilderness?**
- Looking back at your life, **do you see evidence of God using challenging times to prepare you for something he had for you to do in the future?** If so, share that with the group.
- **Who is Jesus to you? Have you decided to trust that He is indeed the Son of God? If not, what is holding you back? If you do believe Jesus is God, what kind of savior has He been in your life? How are you living daily with that reality?**

## SESSION GOALS

**Main Idea:** Jesus is unlike any other savior, and he calls us to make him our first priority.

**Head Change:** To understand that Jesus Christ is holy, unlike any other.

**Heart Change:** To feel fascinated with the good news of Jesus Christ.

**Life Change:** To actively make Jesus Christ the priority of our lives.

## TO TAKE WITH YOU AS YOU GO

*(Consider using this to guide your prayer as you close your time together)*

The Gospel of Mark examines Jesus's claim to be the Son of God. As we work through this study, we will see much more evidence to bolster Jesus's claim. Once Mark establishes Jesus as the Son of God, he then asks us how we plan to respond to that truth. **Will you keep your ears open and willing to hear? And if you already believe, what will you do with his teachings?**

### RESTING IN GOD'S WORD

#### Mark 1

Read the entire chapter of Mark 1 throughout the week, whether in short increments, all at once, or multiple times in order to meet with Jesus as the ultimate source of your rest and your sustenance, and to prepare for your small group meeting next week.

