



## SMALL GROUP GUIDE

SESSION 5 | FEBRUARY 6, 2022

**READ** MARK 4:35–5:43.

**WATCH** SESSION 5 | MARK 4:35–5:43. (11 minutes)

[RightNow Media Video: Session 5](#)

- Pay attention to (1) the difference Jesus makes in the lives of those undergoing challenges and (2) the reactions to Jesus of those who experienced His miracles.

### DISCUSS

The disciples recognized a powerful storm when they saw it. And—recognizing authority—they turned to Jesus for help. We experience fear in our everyday lives that's well-founded. Jesus sees and acknowledges the reality of our fears.

- Reflect on a time where a situation left you feeling afraid. In the midst of that fear, what did your perspective of God look like?
- What sort of ideas about Christ did you have as a new believer, which you later discovered were wrong? What have you learned about who Jesus is as you've followed Him?
- Jesus expects the same faith from us that He did from the disciples. Do you have trouble trusting Him with specific fears? If so, which ones and why?

**Refer to Mark 5:1–20.**

- When we see God's power on display in our lives, it can (and should) motivate us to tell others about the God we serve. Do you find it hard to talk about what Jesus has done for you with those around you? If so, why?

**Refer to Mark 5:21–34.**

- On their way to Jairus's house to see his dying daughter, Jesus is approached by another sickly woman. What did you notice about the woman's attitude toward Jesus? How would you compare her confidence in Him to the way the disciples viewed Jesus on the sea?
- Like the disciples, she knew what Jesus had done for others, and she hoped He'd be there for her too. What happened to her when she touched Jesus' robe? How did Jesus respond to her?
- The picture we get of Jesus in this passage is a compassionate, loving savior who's waiting to respond to even the slightest bit of faith. How does that fact—that Jesus wants to be with you—impact your daily life?

### SESSION GOALS

**Main Idea:** Because Jesus is a compassionate, powerful God, we can and should come to Him with our concerns and needs.

**Head Change:** To know with confidence that Jesus is present with us in every circumstance.

**Heart Change:** To feel gratitude for the transformation God has brought about in our lives.

**Life Change:** To face our fears with the faith that God is our refuge.

**Refer to Mark 5:35–43.**

- When in your life have you been to a place where you, like the messengers, felt too far gone for even Jesus? **How would you describe that time in your life?**
- With tender words of love, He calls the girl awake—out of death and into life. In the face of fear, Jesus is enough. No one is too far gone for Jesus. **How can knowing this truth impact your thought life? Your emotion? Your actions?**
- In what ways can you regularly remind yourself that no one is beyond the healing love of Jesus? **And how will that impact the way you treat those around you?**

**TO TAKE WITH YOU AS YOU GO**

*(Consider using this to guide your prayer as you close your time together)*

We've talked about fear, about trusting in the power Jesus offers us, and about confidence in His care for his followers. Looking back at the moments in your life you discussed earlier, remember this: Jesus was, and is, there with you. Fear will come in hard times. But alongside that fear stands the one who has the power to raise the dead. Cling to Him today. Look to Jesus.

