



..... Week 6:

An Other-Centered Life

How Did it Go?

Did you do any of these practices? If so, what effect did it have? If not, what got in the way?

- How often did you spend time in Scripture last week? Did you ask the Holy Spirit to guide you when studying God's Word?
- Did you use the Transformed Practices Guide found at fpchouston.org/transformed and/or the [Lectio Divina](#) podcast to meditatively read Scripture?
- Did you pray for Alpha?

Read aloud and consider 1 Peter 4:7-11

Head (15–20 minutes) *Observe the text and the author's main points.*

1. What is the reason to be alert and sober minded? (see verse 7)
2. Why are we encouraged to love deeply? (see verse 8)
3. What are examples of orthopraxy (right practice or conduct) given in this passage? (see verses 9-11)

Heart (15–20 minutes) *Envision how the text - when applied - might transform your inner life in terms of your thoughts, attitudes, and behaviors.*

1. How have you experienced the Holy Spirit speaking to you about one or more of the examples in verses 9-11?
2. Where do you struggle to pray, love, offer hospitality, speak appropriately, and serve others?
3. How does meeting together in community encourage you to incorporate these practices and be other centered in your life?

Hands (10 minutes) *Apply the text by moving from inward reflection to outward action looking for ways to live the text out in our lives to serve others.*

Reaching Upwards: Growing in Your Relationship with God

1. Spend time confessing to God that you are unable to do what this passage asks without the help of the Holy Spirit.
2. Ask God what He would like to clear out of your life so that you are more willing to serve.
3. Pray that God opens your eyes to opportunities to serve others and that you would respond.

Reaching Outward: Investing in Your Neighbors

1. This week look for a task that no one in your family or neighborhood wants to do, and quietly do it.
2. Look for ways to serve the global community through the mission on our doorsteps in the most diverse city in the country (Houston). For ideas go to fpchouston.org/upcoming opportunities.
3. Pray for the world as you read the newspaper or listen to the news.

Practice of the Week: Service

As Christ's love transforms us, we are more willing to serve others.

- See Transformed Practices Guide, Week 5, at fpchouston.org/transformed.

Alpha Prayer Points:

Alpha is a listening community designed to help participants explore questions about faith in a non-judging space. The current session will run from October 6th through December 1st.

1. Praise God that we have had 70 people come through ALPHA, 43 of which were non-Christian or Christian-but-searching at this round of ALPHA so far. Please pray that they continue their journey toward God and cross the threshold into faith and relationship with God.
2. Pray for God to provide believers who are willing to build one-on-one relationships with ALPHA participants.
3. Pray for the Christians at ALPHA to have their faith deepened and empowered.