

# STEPHEN MINISTERS

# The After People

Sometimes people ask,  
“What exactly *is* a Stephen Minister?”

Stephen Ministers are trained lay caregivers who provide emotional and spiritual support to people going through difficult times in life, providing hope and healing in the midst of their pain.

## STEPHEN MINISTERS ARE THERE . . .

*... after* the phone call in the middle of the night that changes life forever.

*... after* after the baby comes home, demanding more of her than she ever imagined possible.

*... after* the funeral, when everyone has left and his emotions held at bay come crashing in.

*... after* the email announcing a new round of layoffs suddenly appears in her inbox.

*... after* the doctor says, “I’m sorry, but there’s nothing else we can do.”

*... after* the youngest child pulls out of the hug and heads into the dorm—followed by a long drive back to an empty house.

*... after* the retirement community director says, “Welcome to your new home.”

*... after* the divorce papers are served and she wonders if she’ll ever trust anyone again.

*... after* the gavel goes down, the handcuffs go on, and his loved one is led away.

*... after* the fire, when rebuilding a home feels impossible.

*... after* family and friends have heard his story one too many times, but he still needs to talk it out.

Through Stephen Ministry, your congregation can build a team of Stephen Ministers ready to come alongside members of your church and community. This proven system for high-quality lay caring ministry offers the structure, training, and resources for providing distinctively Christian care for people during the “afters” in life.

To learn more about Stephen Ministry at FPC Houston,  
please email [caring@fpchouston.org](mailto:caring@fpchouston.org) or visit  
[fpchouston.org/stephenministry](http://fpchouston.org/stephenministry)



FPC HOUSTON