

Speaker Bios

The Anxious Generation Parenting Series

Session 1: **John Drexel**

John Drexel loves youth ministry! He has spent 12 years serving as a volunteer leader in the FPC youth group, 10 years teaching high school Bible classes and leading the Fellowship of Christian Athletes at Episcopal High School, Houston Christian High School, and Westbury Christian High School, seven years volunteering in the teen ministry at Agape Development, and one year serving as a chaplain at the Micah Project in Honduras. He earned a B.A. in Religious Studies at Davidson College and an M.A. in Biblical and Theological Studies at Denver Seminary.

Session 2: **Cindy Marion**

Cindy Marion and her husband, Donnie, have been married for 44 years and are proud parents of five grown children and seven (so far!) grandchildren. Over the years, Cindy has mentored and taught hundreds of children through small groups, mission trips, and youth ministry. In addition to her work with young people, she founded and led a successful advertising company for 36 years, 15 of which included digital-based campaigns. With her deep experience in both youth development and the digital world, Cindy is passionate about helping young people and their parents thrive.

Session 3: **Dr. Joshua Smith**

Dr. Joshua Smith recently earned his PhD in Philosophy from Rice University, specializing in moral psychology and virtue ethics. As a dad of three young

children and someone with experience in both university and high school settings, he brings both personal insight and academic depth to the conversation. He is grateful to share his experiences and research on the themes from Section 3 of the book.

Session 4: **Dr. Angela Smith**

Angela Smith earned a PhD in Clinical Psychology from the University of Houston in 2015 and worked in specialized treatment facility for Obsessive Compulsive Disorder for several years before starting a private practice in 2020. She works with adults, including many college students, to address anxiety disorders, depression, stress, and interpersonal difficulties. Angela is a mother of two and a life-long Presbyterian. The presentation, which moves the discussion from identifying the problem to a call to action, will incorporate a clinical lens and will also show how clinical and Biblical lenses align toward a unified approach.