

The Anxious Generation Parenting Series

Week 3 Discussion Questions

1. In your experience, how do you see the phenomenon of “The Great Rewiring” manifest in your own children’s behavior? What practical changes might you consider to encourage more genuine connections?
2. The research highlights that social media affects boys and girls differently, with girls often more prone to social comparison and relational aggression. How might you tailor your parenting approaches to address these gender-specific challenges while fostering a strong sense of worth grounded in Christ?
3. How can you incorporate nature into your family life to help your children connect with the Creator’s beauty and fulfill their deep spiritual longings?