

The Anxious Generation Parenting Seminar

Week 4 Discussion Questions

1. What is the most valuable insight you've gained from this book series?
2. Is there an area where you have felt discouraged or helpless?
3. What suggestions for parents resonate and feel applicable in your home?
4. How do you plan to implement suggestions for parents in your daily life? What barriers do you foresee?
5. Does your family have a vision or mission statement that guides your decision making?
6. How can we as a community support one another in turning the ideas of collective response into realities?